



## **Improving diagnosis and management of gluten ataxia**

Ataxia UK, Coeliac UK, and the Sheffield Hospitals Charity have awarded funding to Professor Marios Hadjivassiliou and colleagues at the Sheffield Ataxia Centre, for a research project to help improve the diagnosis and management of gluten ataxia. The research project aims to allow the referral of any patient with progressive ataxia without a diagnosis, to be tested with the appropriate blood markers available in clinical practice in Sheffield.

If you or someone you know has had tests to rule out other types of ataxias and do not have a diagnosis of the cause of ataxia, you could be referred to the Sheffield Ataxia Centre to be tested for gluten ataxia. If you are diagnosed with gluten ataxia, you can take part in the study, where you will follow a strict gluten-free diet. You will then be followed up after one year to assess the impact of the gluten-free diet. See our magazine article on the study [here](#).

If you are eligible to take part in this study and attend one of the following ataxia centres, you can be referred to the study via the below contacts:

**Oxford:** email Professor Andrea Nemeth on [andrea.nemeth@ndcn.ox.ac.uk](mailto:andrea.nemeth@ndcn.ox.ac.uk)

**London:** email Professor Paola Giunti on [p.giunti@ucl.ac.uk](mailto:p.giunti@ucl.ac.uk)

**Sheffield:** email Dr. Priya Shanmugarajah on [p.d.shanmugarajah@sheffield.ac.uk](mailto:p.d.shanmugarajah@sheffield.ac.uk)

**Manchester:** email Dr. John Ealing on [John.ealing@nca.nhs.uk](mailto:John.ealing@nca.nhs.uk)

**Romford:** email Dr. Rajith de Silva on [rdesilva@nhs.net](mailto:rdesilva@nhs.net)

**OR if you do not attend any of the above sites, you can be referred by your neurologist directly to Prof Marios Hadjivassiliou by emailing [m.hadjivassiliou@sheffield.ac.uk](mailto:m.hadjivassiliou@sheffield.ac.uk).**

Ataxia UK also runs an Autoimmune and Ataxia Support Group, which you can join if you have a confirmed diagnosis of Gluten ataxia. If you or someone you know would like to join the group, you can email Carol Bullock on [cbullock@ataxia.org.uk](mailto:cbullock@ataxia.org.uk).